

The daily evidence digest collates recently released reports and evidence – provision of these links does not imply endorsement nor recommendation.

Views from oncologists, masks, wellbeing, exit strategies

Peer reviewed journals feature:

- Insights and perspectives from Italian oncologists [here](#)
- A BMJ summary of NICE guidelines on managing COVID-19 symptoms (including at the end of life) in the community [here](#)
- A description of different approaches to help improve doctors' wellbeing, also in the BMJ [here](#)

A pre-peer review article suggests the benefits of breastfeeding (with appropriate precautions) outweigh the risk of infection from mothers with COVID-19 [here](#)

The Centre for Evidence-Based Medicine released:

- A review which found no evidence-based scoring systems to predict outcomes for COVID-19 patients [here](#)
- An editorial on the use of masks [here](#)
- An account of the percentage of NHS healthcare workers infected with COVID-19 [here](#)

New or updated guidance focuses on:

- Paediatric care, from the CDC [here](#)
- Secondary prevention and cardiac rehabilitation for atherosclerotic cardiovascular disease during the COVID-19 pandemic, from the Cardiac Society of Australia and New Zealand [here](#)
- Policy approaches to exiting social distancing, from the Tony Blair Institute for Global Change (Figures 1 and 2) [here](#)
- Wellbeing, with a Resource Library from the UK Intensive Care Society [here](#)

The World Health Organisation has released advice on communications management in the pandemic [here](#)

Twitter activity focused on

- concerns about an association between ethnicity and outcomes in COVID-19 [here](#)
- asymptomatic #COVID19 infection rates by @EricTopol. [here](#)
- new pandemic pregnancy guide brings ObGyn and family medicine together [here](#)
- Sustainable exit strategies from The Science Museum Group [here](#) from @trishgreenhalgh

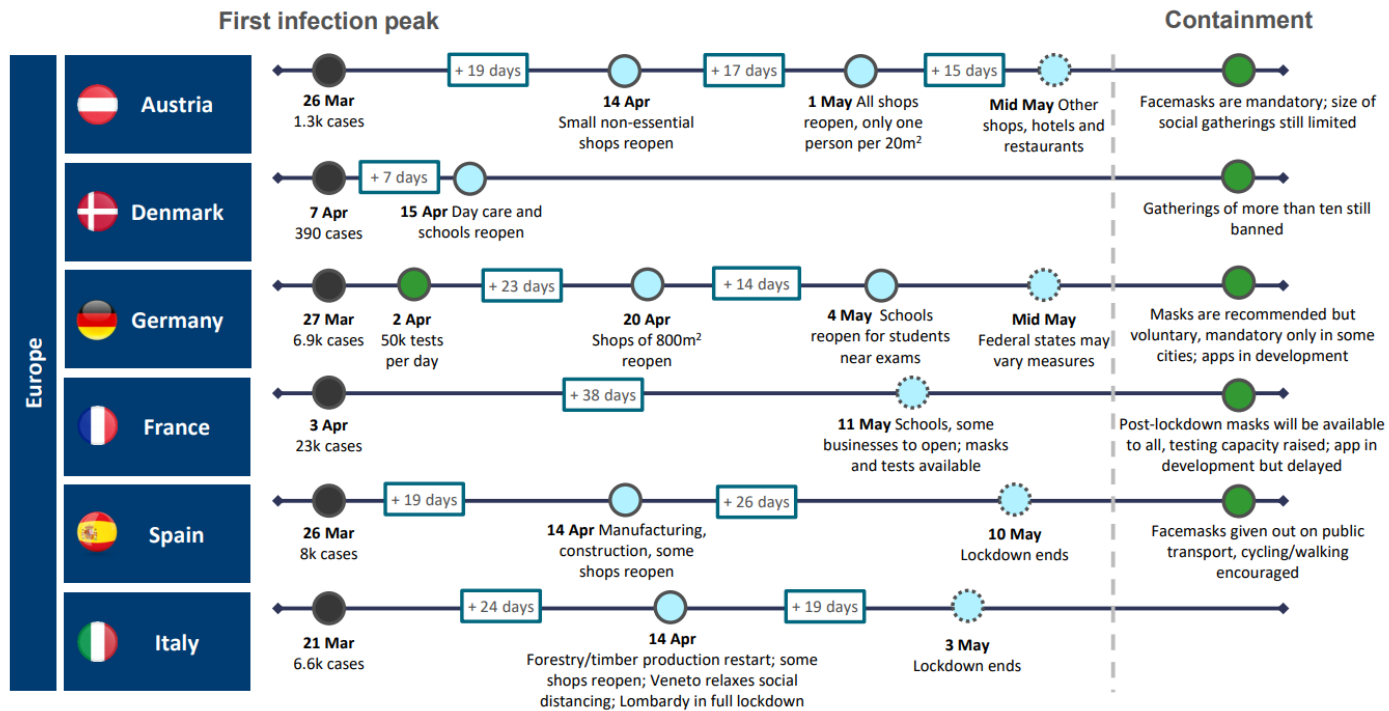
Figures 1 and 2: Excerpts from *Sustainable exit strategies from COVID-19*

Strategies so far

Yes Partial No Tent.

		Germany	Italy	France	Austria	Denmark	Spain	Japan	S. Korea	HK
Easing suppression	Schools	Partial	No	Partial	No	Partial	No	No	Partial	Partial
	Geographic segmentation	Partial	Partial	No	No	No	No	Yes	Yes	No
	Age segmentation	No	No	No	No	No	No	No	No	No
	Sector segmentation	Partial	Partial	Partial	Partial	Yes	Partial	Partial	Partial	Partial
Shielding		Partial	Partial	Partial	Partial	Partial	Partial	No	No	No
Containment	Masks	Partial	Partial	Partial	Yes	No	Partial	Partial	Yes	Yes
	Mass testing	Yes	No	No	No	Partial	No	No	Yes	Partial
	App-based tracing	Partial	No	No	Partial	Partial	No	No	Partial	Partial

European timelines for easing suppression



Source: Mulheirn et al, 2020



Health

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